

## Hamilton Forklift Training Program

Hamilton Forklift Training Program - The forklift is a common powered industrial vehicle which is in wide use these days. They are occasionally called jitneys, hi los or lift trucks. A departments store would use the forklift to unload and load merchandise, whereas warehouses will utilize them to be able to stack materials and products. And grocery stores utilize small models to drop supplies in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, operators of forklifts must be trained well and licensed. The priority must be on the safety of the pedestrian and worker. This forklift training course teaches the health and safety rules governing forklifts in order to ensure their efficient and safe use.

### Forklift Training Program Safety Tips:

Forklift training programs are meant to ensure that the operator can safely control the forklift throughout tilting, traveling and lifting. Just skilled operators should operate a forklift.

While the forklift is in operation; head, arms, hands, feet and legs must be kept inside the forklift. Forklift forks should be kept low to the ground while being slightly tilted back. Observe traffic signs which are posted. Honk the horn and reduce speed when taking a corner. If the vision of the driver is blocked by the load, drive in reverse slowly. Pre-inspect the ground for possible dangers, like for instance objects, wet or oily spots, rough patches, holes, people and vehicles. Prevent sudden stops.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift must be stopped, the load lowered, waiting until the way is clear. If a load is being transported on an incline, the forks must be pointed uphill with a load and downhill without a load. The forklift should only be turned around when on level ground.

Safety tips when steering - Never turn the steering wheel sharply if traveling fast. Turn making use of the back wheels and support the load by the front wheels. An overloaded truck would be difficult to steer. Follow load limitations. Do not add a counterweight in order to improve steering.

Safety tips when loading - Adhere to the suggested load and capacity limits of the forklift. This information is displayed on the data plate. Always make sure that the load is placed based on the suggested load centre. The forklift would remain steady so long as the load is kept close to the front wheels.

The forklift mast should be in an upright position prior to inserting the fork into a pallet. Before inserting the fork, level it.