## **Hamilton Forklift Training Programs**

Hamilton Forklift Training Programs - Are you looking for work as a driver of a forklift? Our regulatory-compliant mobile equipment operator training offers instruction in types of forklifts, pre-shift inspection, fuel types and dealing with fuels, and safe operation of a forklift. Practical, hands-on training helps participants in acquiring fundamental operational skills. Course content covers existing rules governing the operation of lift trucks. Our proven forklift programs are intended to offer training on these types of trucks: narrow isle forklift, counterbalanced forklift and powered pallet truck.

How to Safely Handle Loads

Do not raise or lower the fork when the forklift is moving. A load should not extend higher than the backrest because of the risk of the load sliding back toward the operator. Check for overhead obstacles and make certain there is adequate clearance prior to lifting a load. Stay away from overhead power lines. When the load is raised straight up, tilt it slightly back.

The lift truck is less stable when a load is in a raised position. Make sure that no body ever walks beneath the elevated fork. The operator should never leave the lift truck when the load is lifted.

When handling pallets, forks must be level and high enough to go into the pallet and extend all the way beneath the load. The fork's width must provide equal distribution of weight.

Set the brakes and chock the wheels prior to loading and unloading the truck. The floors must be strong enough to support the weight of both the forklift and its load. Fixed jacks could be installed to support a semi-trailer which is not attached to a tractor. The height of the entrance door must clear the forklift height by at least 5 cm. Mark edges of ramps, docks or rail cars and avoid them.

Do not stay in a lift truck for long periods without proper ventilation. The inside of the truck must be well lighted and free of loose objects, obstructions and trash. Check for holes in the floor. The installation of material that are non-slip on the floor will help avoid slipping. Clear any obstructions from dockplates and docks and make sure surfaces are not wet or oily.

Forklifts should not be used to tow or push other forklifts.