## **Hamilton Forklift Training School**

Hamilton Forklift Training School - What Are Covered In A Forklift Training School? - CSA and OSHA establish criteria for forklift safety training that meets current standards and regulations. Anyone intending to utilize a forklift is required to successfully finish safety training prior to utilizing whatever type of forklift. The accredited Forklift Operator Training Program is meant to offer trainees with the information and practical skills to become a forklift operator.

Mobile Equipment and Vehicle safety regulations which apply to forklift use include pre-shift checks, and rules for loading and lifting.

Prior to a shift beginning, an inspection checklist must be completed and given to the Supervisor or Instructor. If whichever maintenance issue is discovered, the machine must not be operated until the problem is addressed. To be able to indicate the machine is out of service, the keys should be removed from the ignition and a warning tag placed in a visible location.

Loading safety rules comprise checking the forklift nameplate's rating capacity and determining if the weight of the load falls within capacity. The forklift forks must be in the down position when the forklift is starting up. Keep in mind that there is a loss of approximately one hundred pounds carrying capacity for every one inch further away from the carriage which the load is carried.

Lifting must start with the driver moving to a stopped position around three inches away from the load. The mast should then be leveled until it has reached a right angle with the load. Lift the forks to one inch underneath the slot on the pallet and drive forward. Next lift forks four inches. Tilt back the load to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk in order to alert other employees. Do not allow forks to drag on the ground.